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It is the challenge to create exceptional healthcare environments and the special relationships with clients, colleagues and our talented staff that make everyday rewarding.



Continuum Center for Health and Healing Third Floor Expansion

New York, New York

The Continuum Center for Health & Healing's primary focus is on wellness and offers an integrated, preventive approach to medicine. Their clinic, opened in 2001, was recognized as one of the first healthcare spaces in the US to incorporate sustainable materials as well as Feng Shui principles. Demand for The Center's services has increased greatly, resulting in the need for an expansion to another floor within their current building.

Array recently completed the renovation of The Center for Health and Healing incorporating design tenets based in the Feng Shui design methodology in coloration with evidence-based design concepts. The new 10,000 SF floor includes a gym area with physical therapy and treatment rooms; reception and waiting areas; clinical space with consultation and exam rooms; mind/body/massage room; and support areas.

Feng Shui findings were based on an energy profile which consisted of an analysis of compass orientation, astrological influences, building footprint and floor plan analysis. Using these findings, space layout was adjusted to promote power and influence, harmony, and balance, reputation and customer loyalty.





Feng Shui enhancements included: Enhanced healing potential throughout the floor was capitalized by adding mineral quality crystals in wall cavities and ceilings requiring positive energies. Enhanced reputation, recognition and client loyalty by designing bold dramatic graphics at entry elevator lobby. Brought natural daylight into dark areas. Enhanced income generation and business growth by adding red, orange and green colors and special textured materials.

The project materialized Continuum's desire to transform the quality of healthcare and its delivery toward a more holistic model conscious of the role played by the environment in the healing process. Demand for the Center's services grows and is expected to increase as healthcare in the United States continues to shift from one focused on illness and reaction to one of wellness and prevention.



Collaborators:

Alex Stark, Feng Shui Expert
Kallen & Lemelson
Wexler Associates
Linmar Construction

Above: Nurse Station

Middle Above: Corridor

Middle Below: Physical Therapy

Opposite: Exam Room

Photography: Jeffrey Totaro